

EXPEDITION ITINERARIES 2015

AMAZON

A Typical Day

- Awaken in your hammock to the spirited calls of the diverse wildlife and the sun filtering through the trees.
- After preparing breakfast with your team, trek through the dense forest to check the pit-fall traps for any creatures and spend the morning recording a variety of animals, insects and amphibians to aid in your bio-diversity studies.
- In the afternoon, begin your ascent of the Pini Pini Mountains and forge a new camp high on a ridge where you will spend 3-4 days searching for the elusive howler monkey.
- After an exciting day exploring the jungle, work with your team to cook dinner over an open fire and settle once more into your hammocks to the sounds of the jungle night.

Week 1	<ul style="list-style-type: none">• Arrive in Cusco – Southern Peru• Spend a day in Cusco sorting logistics and preparing for your journey into the jungle.• Travelling in small buses, you will cross the Andes and drop down through the Cloud forest into Manu National Park.• The final leg of your journey will be boat along the stunning Manu River, taking you all the way to base camp.• Upon arrival at base camp, along with your team, you will help build the camp before settling in for the first few days to continue acclimatising to the heat and environment. Your leaders will then begin the initial training and preparation for the treks and projects phases.
Week 2-4	<ul style="list-style-type: none">• This is when the main phase of the expedition will begin!• All expedition groups will be pushing out of base camp into the jungle on exciting extended treks, undertaking fascinating and important scientific and conservations projects as you go, while immersing yourself into the environment.• These projects include biodiversity studies and exploring new areas to assist the CREES Foundation with their studies of the flora and fauna of the area• There is also the opportunity to partake in a unique study involving placing camera traps high in the forest canopy to study the fascinating and rare animals who inhabit it.• Other activities will vary depending on the interests of the groups; so it's your opportunity to get involved in your specific areas of interest. This can include trekking through the Pini Pini mountain range, exploring the edge of the national park and participating in community projects that help local people build bio-gardens or develop sustainable forestry cultivation.
Week 5	<ul style="list-style-type: none">• Work with your team to begin wrapping up the expedition by disassembling base camp and analysing the scientific work undertaken before traveling back to Cusco and then return to the UK.