Job Description – Expedition Medic

Overview
All our expeditions recruit a team of medical professionals which will include a minimum of one fully qualified Doctor. Other healthcare professionals such as Nurses or Paramedics with appropriate specialist experience may also support the expedition medical team.

Essential requirements:

- Expedition experience or extensive personal travel in remote areas/developing world locations
- An enthusiasm for expeditions and the ability to convey this to young people
- Well-developed personal leadership skills

Doctors
- MBChB/MBBS (or equivalent)
- Full UK GMC registration with no restrictions on practice or equivalent registration in an EU country.
  (For UK trained GMC registered doctors, this requires satisfactory completion of F1 and F2 years prior to the expedition departure date.)
- Advanced Trauma & Life Support (ATLS) qualification (or equivalent such as PHTLS, PHECC, DiplIMC, FIMC or DipMM)

Nurses
- Full Nursing Qualification
- Full UK GNC registration with no restrictions on practice or equivalent registration in an EU country.
- Expedition medicine course or qualification (such as advanced expedition first aid)
- Must hold a prescribing qualification and be able to gain personal defense union cover

Paramedics
- Currently licensed paramedic
- Expedition medicine course or qualification (such as advanced expedition first aid)
- Must be able to gain personal defense union cover

Desirable attributes:

- An interest in youth development and experience of working with young people
- Outdoor leadership qualifications and/or training
- Adventurous/outdoor activity experience or qualifications

Doctors
- Expedition medicine course or qualification

Nurses
- Advanced Trauma & Life Support (ATLS) qualification (or equivalent such as PHTLS, PHECC, DiplIMC, FIMC or DipMM)
- Experience of A&E and/or Trauma medicine
**Paramedics**
- Advanced Trauma & Life Support (ATLS) qualification (or equivalent such as PHTLS, PHECC, DipIMC, FIMC or DipMM)
- Experience of A&E and/or Trauma medicine

**Responsibilities**

**Pre Expedition**
- Attend training weekends (2 to 4 weekends in the 6 months prior to the expedition, dependent on expedition programme)

In Conjunction with the Expedition Medical Lead and the Chief Leader, the following duties may be delegated:
- Contact your defence organisation and ensure they will provide cover for your role on the expedition. You should not leave this too late and should make sure you obtain written confirmation of cover.
- Research medical problems specific to location and activities of expedition.
- Check the quantity and contents of medical kits provided for the expedition (some expeditions will have kit shipped out well ahead of the Main Party)
- Brief all expedition members on medical issues at the training weekend in April. You will be expected to give a short medical talk about whatever you deem important – the main message to get across is “think prevention”. Give everyone a chance to ask questions. You need to interview all YEs and leaders to go through their medical questionnaires on a one to one basis in private. Clarify any vague answers. It is also a good time to ask everyone if they have any other things they “forgot” to mention/ new problems/ worries.
- Answer medical queries from the office, participants and parents, particularly regarding any applicants with medical concerns.
- Obtain permits if you are taking controlled drugs (if applicable)
- Contribute to planning, risk assessments, expedition-specific guidelines and similar as appropriate and directed by Operations Team or Chief Leader
- Liaise closely with the British Exploring medical advisors and the British Exploring Operations Team to ensure that any guidance produced is checked and cleared before publication

**On Expedition**
- All leaders must regard as priority the safety of each and every member of the expedition at all times
- At the beginning of the expedition: Brief leaders and participants with respect to the first aid kits, their contents and usage, teach injection technique (if appropriate) and emphasise prevention.
- Contact local medical facilities
- Be on call throughout the expedition to deal with any medical queries
- Encourage everyone to self-manage minor problems, with input from medic if appropriate
- At the end of the expedition, brief all participants on post expedition “blues”. Suggest they see their GP if they develop febrile illness after return and give history of being on expedition. If appropriate, instruct expedition members to continue anti-malarials.

**Post Expedition**
- Provide a medical report detailing any relevant lessons learned for future expeditions
- Contribute to the Expedition Report, Annual Gathering presentation and expedition feedback as appropriate and directed by Chief Leader
- Contact participants GPs with details of any serious medical issues during expedition