

## VOLUNTEER ROLE DESCRIPTION | Medical Leader

**This is a role may be based at Base Camp "Fire" Leader role. A "Fire" is a group of approx. 10 Young Explorers.**

Expedition parties consists of up to 5 Fires, (each led by a second, and possibly third Leader) and the Base Camp team.

### Overview

Expedition medical teams are devised for each of our expeditions based on a thorough assessment of medical requirements, considering a range of factors including but not limited to the environment, client group and access to local facilities/services. Our medical teams consist of fully qualified medical professionals and may include doctors and other healthcare professionals, such as nurses or paramedics, with appropriate specialist experience. Our expeditions include both Senior and standard medics.

**Senior Medical Leaders** are always fully qualified doctors and will usually have expedition medicine experience prior to taking on the role. They oversee screening processes and support junior Medical Leaders in decision making in the field. Where there is only one Medical Leader attached to an expedition team, they will automatically be a Senior Medical Leader.

**Medical Leaders** may be doctors, nurses or paramedics. They work under the supervision of the Senior Medical Leader in the field although this supervision will often be remote rather than direct.

### Responsibilities

#### Pre-Expedition

- Attend all relevant training prior to the expedition. Training requirements are specific to each expedition and the needs of the client group and may include 3-4 training weekends and/or a training week. All training events are considered mandatory.
- Contact your defence organisation and ensure they will provide cover for your role on the expedition. You should not leave this too late and should make sure you obtain written confirmation of cover.
- Research medical problems specific to location and activities of expedition.
- Check the contents of medical kits provided to you by British Exploring Society and confirm that it meets the needs of your team and expedition, liaising with the office team as appropriate relating to any expedition specific additions.
- Brief all expedition members on medical issues during pre-expedition training. You will be expected to give a short medical talk about important issues pertinent to the expedition.
- Undertake 1-2-1 interviews with all expedition participants during pre-expedition training as part of the medical screening process and inputting and recording information onto software used by British Exploring Society
- Answer medical queries from the office, participants and parents / carers, particularly regarding any applicants with medical concerns.
- Contribute to planning, risk assessments, expedition-specific guidelines and similar as appropriate and directed by British Exploring Society or the expedition Chief Leader.
- Liaise closely with the British Exploring Society medical advisor and the office team to ensure that any guidance produced is checked and cleared before publication

## On Expedition

All responsibilities pertaining to the safety, wellbeing and development of your group in the field are shared with the other group Leaders.

- Regard it as a priority to ensure the safety of each and every member of the expedition programme at all times
- Carry out the planned adventurous and knowledge activities, facilitating learning opportunities for all Young Explorers in your group.
- Facilitate one-to-one and team reflections and reviews with the Young Explorers in your group, to support individual goal setting and personal development
- Inspire participants to engage fully in activities to support the aims and purpose of British Exploring Society and the expedition.
- Provide behaviour management, pastoral care and support for Young Explorers within your group

Additionally, you will also take lead on activities that pertain directly to your expertise as a Medical Leader;

- At the beginning of the expedition brief Leaders and participants with respect to the first aid kits, their contents and usage, and any other points pertinent to the expedition.
- Contact local medical facilities to confirm services available and access to them.
- Be on call throughout the expedition to deal with any medical queries.
- Management of medical data in the field, including completing incident/medical forms for any issues that arise to maintain accurate records and being responsible for the storage and handling of sensitive data.
- Care and maintenance of Medical Kit including resupply, distribution and recording usage
- Encourage everyone to self-manage minor problems, with input from medic if appropriate.
- At the end of the expedition, brief all participants on post expedition "blues". Suggest they see their GP if they develop any illness after return and give history of being on expedition. If appropriate, instruct expedition members to continue anti-malarial medication where relevant.

## Post Expedition

- Contribute to the overall Medical post expedition report (PXR) and expedition feedback as appropriate and directed by British Exploring Society, Chief Leader and/or Senior Social Leader.
- Contact participants GPs with details of any serious medical issues during expedition if appropriate.
- Attend the expedition debrief event & presentation. This is usually a single day event held in London approximately 2 months after your return from expedition.

## Person Specification

\*LP = Leader Profile

AD = Assessment Day

I = Interview

Essential Skills	Assessment*
<b>DOCTORS:</b>	
MBChB/MBBS (or equivalent)	LP
Full UK GMC registration with no restrictions on practice or equivalent registration in another country. (For UK trained GMC registered doctors, this requires satisfactory completion of F1 and F2 years).	LP
<b>NURSES:</b>	
Full Nursing Qualification	LP
Full UK GNC registration with no restrictions on practice or equivalent registration in an EU country	LP
Must hold a prescribing qualification and be able to gain personal defence union cover	LP
<b>PARAMEDICS:</b>	
Currently licensed paramedic	LP
Must be able to gain personal defence union cover	LP
<b>GENERAL</b>	
Medical experience in a non-clinical environment (ideally expedition, but if not then sport or event medicine)	LP, I
Experience of A&E and/or trauma medicine	LP, I
Expedition medicine course or qualification e.g. advanced expedition first aid, Wilderness Medical Training (WMT) or similar	LP
An interest in youth development and experience working with young people <sup>1</sup>	LP, AD, I
High levels of integrity and sound judgement	AD, I
A strong and flexible team player	AD
Excellent interpersonal and communication skills	AD, I
Strong leadership skills and the ability to inspire others	LP, AD, I
The ability to deal with conflict and overcome challenges	AD, I
Multi-night, experience in outdoor or remote/self-supporting environment	LP, I
Experience of managing groups in outdoor or remote/harsh environments	LP, I

<sup>1</sup> we work with a wide range of young people including those with special educational needs, low aspirations, emotional and behavioural difficulties or specific developmental or support needs.

## Personal Attributes

Core Value	How Core Values appear as a characteristic, behaviour or competency
<b>Courage</b>	Tackles new tasks, can embrace difficult decision-making and conversations, and supports other to do the same.
<b>Self-belief</b>	Is resilient, responds well to knock backs, likes opportunities to learn from mistakes.
<b>Challenge</b>	Has a can do attitude, gets hands on as needed, quickly learn from setbacks and adapt behaviour to drive success.
<b>Community</b>	Is an authentic, mature communciator who values a wide range of stakeholder equally.

## Building an inclusive community of Leaders

**British Exploring Society is committed to building an executive and volunteer team that together represent a diverse variety of backgrounds, skills, and perspectives on the world. The more inclusive we are, the better we think we'll be at delivering our charitable aims.**

Our focus is on supporting those most disadvantaged in childhood and adolescence. To deliver our charitable aims, and secure our future, our actions and behaviours must support our commitment to welcoming young people, volunteers and team members from backgrounds and life experiences which reflect our aims and the changing dynamics of contemporary life. We are making good progress providing access and programmes which work for young people from right across society, but we urgently need to diversify our staff and volunteer teams. We actively seek the energy, wisdom, and challenge of those who represent the life experiences of the young people we serve, and who can increase our effectiveness as a team.

## How to apply

We recruit volunteers on a rolling basis. Once you have expressed an interest, you will be invited to complete an application which will be reviewed and if successful, you will be invited to attend an online group half-day assessment.

1. [Express an interest](#).
2. Complete an application.
3. Attend an online group assessment day.