British Exploring Society – Wildestan Expedition

Online Code of Conduct and support information for Explorers

Purpose and expectation

This code of conduct aims to make sure everyone who participates in online sessions and activities with British Exploring Society knows what is expected of them and feels safe, respected, and valued. We expect participants to behave appropriately and respectfully, following this code of conduct at all times.

The essentials

- ❖ Wildestan is designed to provide you with access to adventure with our inspirational professional expedition Leaders. You will experience what it is like to be on expedition without having to leave your home.
- ❖ You can decide your own adventures in Wildestan by taking part in as many of our 30-minute adventures as you like.
- ❖ You can leave the session if you need to at any time, without the need to explain or excuse yourself.

Dos

- ✓ Treat everyone with respect.
- ✓ Listen to and respect the contributions and opinions of everyone, including the session lead and hosts
- ✓ Take responsibility for your own behaviour
- ✓ Use kind and appropriate language when communicating with others
- ✓ Challenge yourself to learn new things and join in as much as you can
- ✓ Keep yourself safe online by not sharing your personal details with others
- ✓ Report any worries or concerns you have to the session host

Do nots

- ✗ Do not use inappropriate or offensive language or language that may exclude others (e.g. emojis, symbols, abbreviations, slang etc.)
- ✗ Do not post or display inappropriate comments or images
- ✗ Do not record or screenshot the session
- ✗ Do not be disrespectful to anyone else
- ✗ Do not behave in a way that could be intimidating or cause upset

What happens if someone does not follow the code of conduct?

We expect all young people to follow the behaviour set out in this code. If any young person behaves in a way which contradicts this code:

- They may be given an opportunity to change their behaviour and reminded of the need to comply with the code of conduct for the enjoyment and safety of all participants.
- Restrictions may be placed on their participation, including limiting video, audio or chat functionality.
- They may be temporarily removed from the session by the host, giving them an opportunity to reflect on their behaviour before returning to engage with the session.
- If their behaviour continues to be inappropriate or disruptive, they may be permanently removed from the session by the host and/ or not permitted to take part in subsequent online sessions.

Keeping yourself safe online

- Use just your first name or your initials when signing into the session online. You will be renamed by the host if your name is inappropriate or includes your surname.
- Use a central space in your house to use your computer (e.g. the living room).
- Think before you post – do not share your personal details with others online.
- Give yourself a break from using electronic screens.

Reporting a concern and support services

- If something in the session worries or concerns you, report it to the session host via the private chat function or email us at confidential@britishexploring.org
- Further advice about keeping yourself safe online, including checklists on how to keep your social media accounts safe can be found by clicking here.
- For free, private and confidential support on any issue you can contact Childline.
- Support and advice for under 25s on a whole range of issues are available via The Mix.

Safeguarding procedures

If any member of staff or volunteer becomes concerned that your behaviour suggests you may be at risk or in need of protection, they will follow our safeguarding procedures. This may involve making a referral to the local authority or reporting a concern to the appropriate support services as required. As far as reasonably practicable, we will talk this through with you and inform you of the steps we are taking, however this may not always be possible or appropriate.