AN INTRODUCTION TO BRITISH EXPLORING SOCIETY

British Exploring Society is a world class youth development charity with a unique heritage, founded on the belief that challenging experiences can change lives, empowering and equipping young people with the courage, skills, resilience and determination to make the most of their future.

We prepare and take young people on expeditions to remote locations where they face challenges, gain skills and learn about themselves – as well as acquiring knowledge relevant to their lives and to the fragile environments that they explore.

The results are transformative – not just in terms of practical skills and resilience, but in a new-found confidence and self-belief which they carry forward to their future life. More than this, through their adventure together, our young people forge friendships for life and become part of a unique supportive and continuing community of Young Explorers with shared experiences, values and perspectives on the world.

“Wildestan is led by incredibly knowledgeable and committed people, who share in the excitement of discovering new adventures... if all you were to get out of this experience was a great time, meeting new friends and enjoying nature, you will be grateful for having done that for yourself.”

Young Adventurer Francesca, Wildestan Adventures 2021
ADVENTURE STARTS AT HOME

Join our virtual adventures to learn key outdoor survival skills, get helpful tips on kit and equipment, and take part in science as you explore the ‘wilderness where you stand’.

Spend 45 minutes with a Wildestan Expert and experience being on an expedition together with them and other Young Adventurers from the comfort of your home.

Decide on your own journey in Wildestan by registering for as many of our interactive adventures as you like. Be transported to your first basecamp to take part in challenges, meet new people, and feel connected to the outdoors.

99% of Young Adventurers said they learned something new through their time in Wildestan Season 1 and 99% stated it was ‘fun or very fun’.

What’s involved?
• Fun, most importantly, and the challenge of learning something new alongside other young people
• Developing key outdoors skills, learning about the natural world, and developing confidence
• Meeting and connecting with our inspiring Wildestan Experts, from explorers to biologists to medics

What and where is Wildestan?
Home to British Exploring Society’s virtual events, Wildestan is a place of adventure, opportunity and challenge.
Discovered: May 2020
Location: Your home
Meaning of ‘Wildestan’: The wilderness where you stand
Cost: Free
Sign-up time: Two minutes
Adventure schedule: 45 minutes every Tuesday
Potential to be life-changing: Unlimited

Getting there
‘Travel’ to Wildestan is via Zoom, bringing you together at a base camp where you will meet other Young Adventurers and inspirational experts to guide you through interactive adventures, broadcast live from a variety of environments.

Kit guide
You will need to have a smartphone, tablet or laptop with a microphone and a camera.
Curiosity and a desire to learn something new are useful tools to bring; with plenty of opportunities to ask questions, Wildestan welcomes personal discovery and those wanting potentially life-changing encounters.
Some adventures may require other pieces of kit which you will be able to find around their home.

Adventure starts at home. Join Wildestan today.
JOIN OUR WILDESTAN ADVENTURES

1. Sign up to Wildestan
   Complete the Wildestan sign up form here.

2. Guardian consent (for under 18s)
   If you are under 18, an email will be sent to your guardian to gain permission for you to take part in Wildestan. We will ask for your guardian’s details on the sign up form.

3. Joining instructions
   We send joining instructions via email ahead of the next Wildestan Adventure. This will give you details about the upcoming session and introduce you to the expert.

4. Register for the upcoming adventure on Zoom
   The joining instructions will include a link to register for the next Wildestan Adventure on Zoom. You will need to click it and register to attend.
SAFETY IN WILDESTAN

Each Wildestan Adventure will be hosted by at least two members of British Exploring Society office staff, one of whom is there exclusively to support behavioural issues, be alert to potential safeguarding concerns and respond promptly to issues that may arise.

The chat function is restricted and does not allow private messaging between participants, the sharing of files or the saving of chat transcripts. Functionality that allows participants to record the session or use virtual backgrounds has also been disabled.

Participants have full control over their video and microphone use and can choose to disable both functions throughout the session if they wish.

All participants will sign up to our Terms and Conditions and Online Code of Conduct which have been written specifically for Wildestan and include information about the session, expected behaviours, safe internet use, how to report a concern, where to go for extra support and our safeguarding procedures.

The sessions are recorded and these recordings are used to support the training of hosts and session leads and to follow up on any concerns if appropriate. Only recordings that show the session lead may be edited for further use by British Exploring Society. Detailed information about these recordings is included in the Terms and Conditions.

All session leads and hosts will be recruited according to our normal safe recruitment procedures, which includes an enhanced DBS disclosures and references. All session leads and hosts will receive safeguarding training and training on our processes for Wildestan.

- Terms and Conditions
- Code of Conduct
JOIN US IN WILDESTAN

ADVENTURE STARTS AT HOME